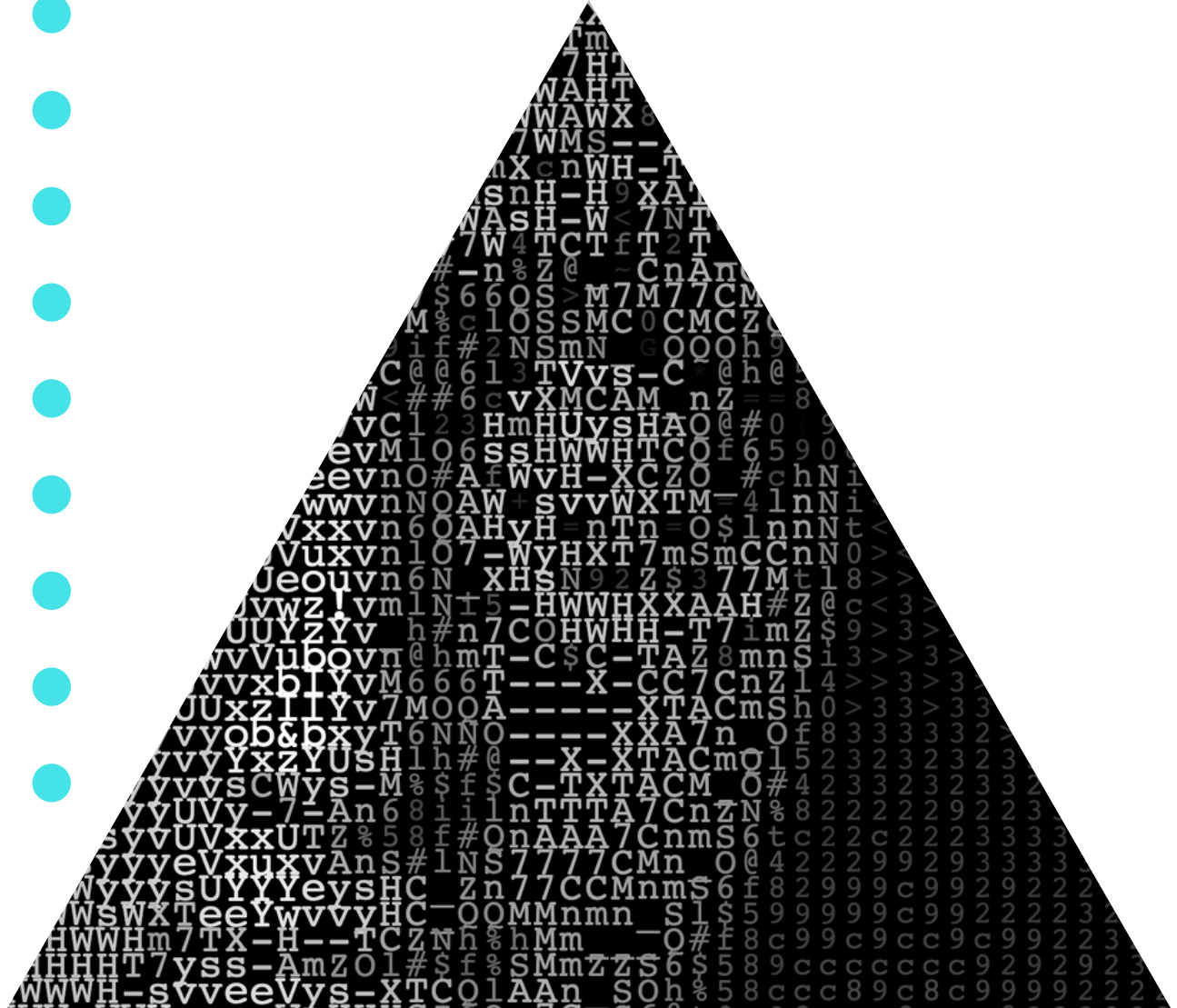
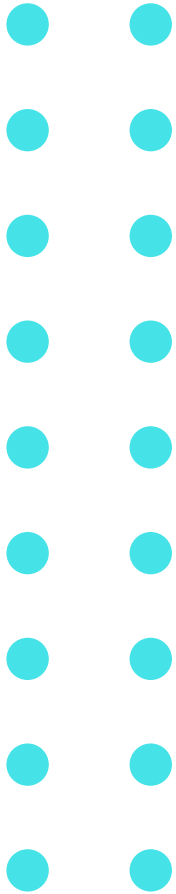


ACCOUNTABILITY CODE



BULLET LIST

ACCOUNTABILITY CODE

Accountability: To take responsibility for one's actions, decisions and their consequences.

There is a code of conduct in all that we do or else we will suffer from lack of one. The ethics in this involve identifying, engaging, and executing action towards taking responsibility for our decisions and behaviors.

These ethics involve humility, dignity, and responsibility at all times regardless of how behaviors are intended and received.

This is where establishing an accountability code becomes a necessary asset to hold yourself accountable even when you do not know how or why circumstances cause you to do so.

ACCOUNTABILITY CODE

The bullet list provided is meant as a key to opening deeper conditions in seeking and finding your personalized accountability code.

This is a lifelong commitment but it begins with building your own list of strategic baselines and rules of accountability.

May this accountability code outline the beginning of establishing your own methods, beliefs, and practices.

**Stay humble and accountable.
Conviction begins here.**

ACCOUNTABILITY CODE

- ▷ Stay focused on the journey not the destination.
- ▷ Maintain a virtue in each decision and behavior.
- ▷ Does this involve cultivating better mental health?
- ▷ Who benefits from choices made?
- ▷ What are the options that will better the situation?
- ▷ Is there harm involved in this moment?
- ▷ Know what you can offer and do so immediately.
- ▷ Are you the safe place for others currently?
- ▷ Is your response validating others?
- ▷ Are your actions benefiting others over yourself?
- ▷ Is this a selfish choice?
- ▷ What emotions need to be addressed?
- ▷ Which behaviors are most valued?
- ▷ Offer your intentions clearly.
- ▷ Apologize when no one asks you to and mean it.